

Frosty Woburn

Walk details correct at 18 April 2023

Approx. 4.8 miles

WALK WARNING

The walk crosses a golf course and a railway line (twice!). Care should be taken as it is unlikely that the U3A insurance covers collisions with trains.

Directions

Walk starts at the Frosts Garden Centre. Post code for satnav is MK17 8UE. Most direct route is to follow the A421, then signs to the Stables but continue forward past the turning to the Stables (at traffic lights), Frosts Garden is on the right. Approx 38 mins, 17 miles.

Terrainology

Most of walk is on paths and good tracks. There is one field to cross, but it is not ploughed.

Stileometer

Reads 2 for this walk.

Inclineometrics

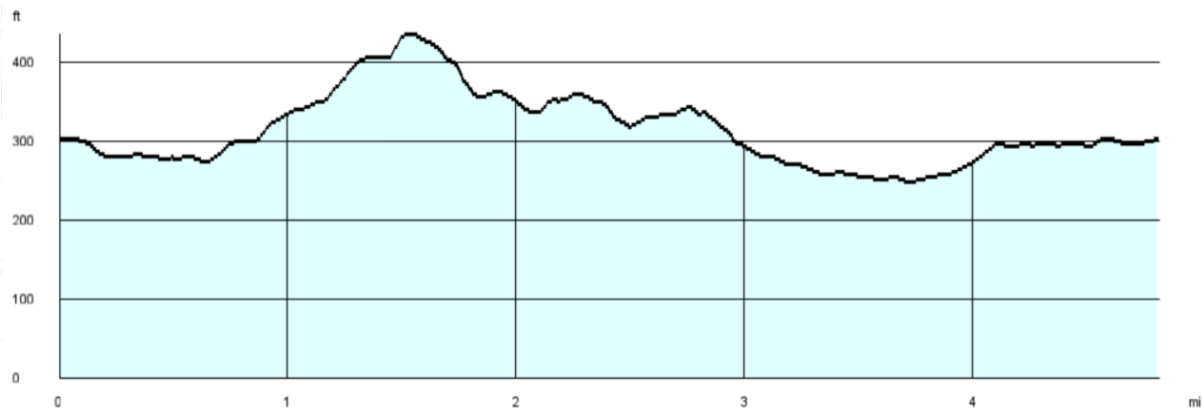
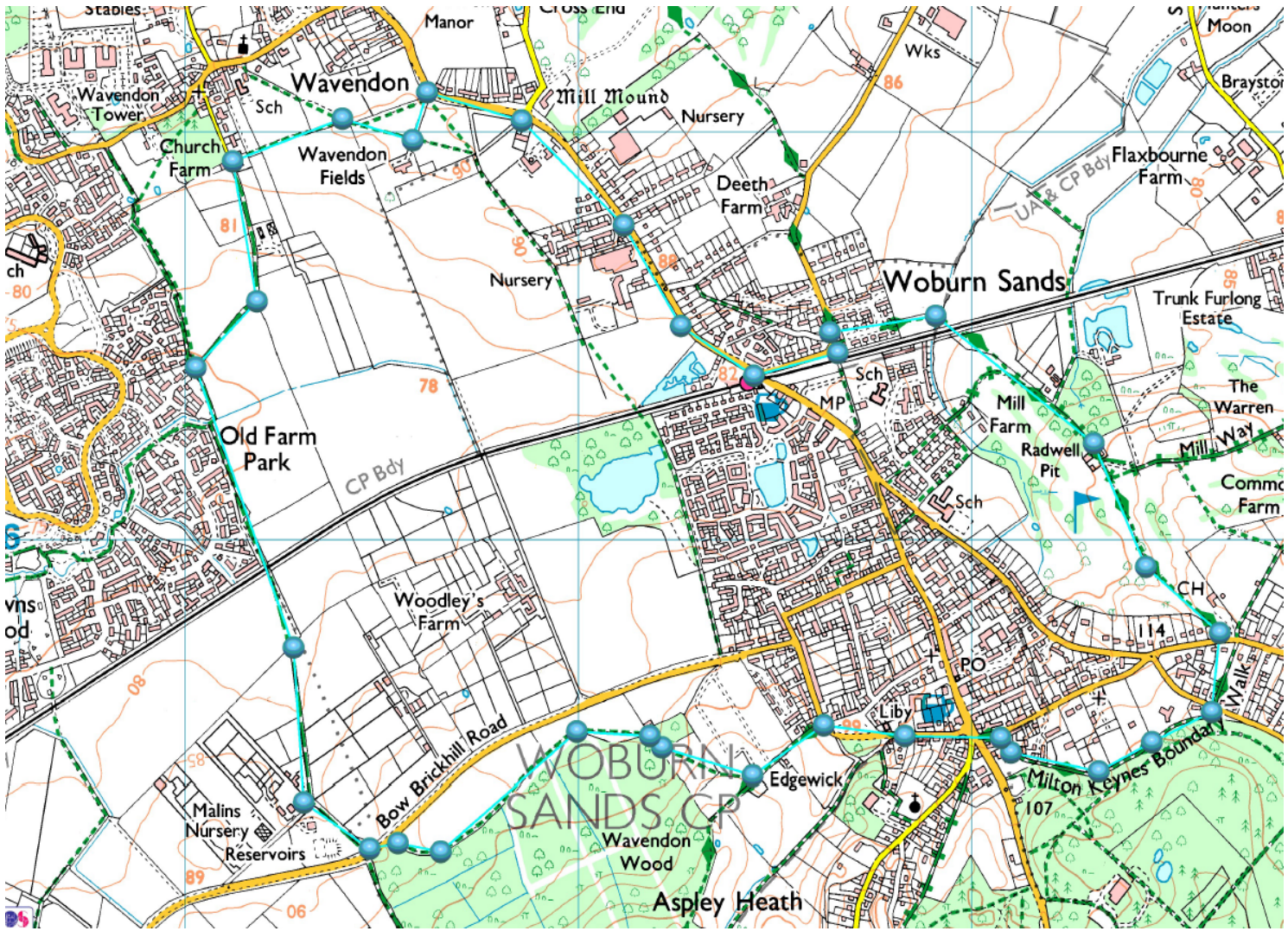
Near the beginning of the walk are three short uphill sections, total rise 130ft over a distance of approx. 0.7miles. Maximum height change over entire walk is approx 320ft.

Dining arrangements

Frosts Garden Centre, Newport Road, Woburns Sands, MK17 8UE

<https://www.frostgardencentres.co.uk/visit/woburn> where the food menu can be viewed.

Starting loos should be available as the garden centre opens at 9am.



1. Turn right out of Frosts car park and follow road railway line.
2. Just before level crossing turn left into Cranfield Road.
3. Follow road alongside railway.
4. At corner turn right at footpath sign.
5. Forward though gate.
6. Cross field to gate.
7. Immediately through gate look for railway crossing on the right.
8. Cross railway, TAKE CARE.

9. Go uphill over slight rise.
10. Over rise look for a gate on the right & exit field.
11. Turn left along track. There is a golf course to the right of the track.
12. Just after green sheds on right, bear right to follow path.
13. Follow path sign posts forward through small wood.
14. At road turn left, then turn right at footpath sign.
15. Follow footpath, at gate turn right, Follow path with fence on right.
16. At road turn left.
17. Cross roundabout and enter Hardwick Road.
18. Follow road to just round right hand bend turn left on to track, field on left house on right.
19. At gate bear right through metal gate.
20. Follow track over rise and down to gate, go through gate.
21. Turn left at footpath sign just before barn,
22. Go across field diagonally to right.
23. Go forward with wood on left, look for gate at end of field in right hand corner.
24. Over stile to footpath at road edge. Turn left.
25. At footpath sign on the left, cross road to follow footpath on other side of road.
26. Where path turns left, look for path to the right of entrance to Cromwell stables.
27. Go forward, follow path, through gap in hedge.
28. Follow path to the right and forward to the railway line.
29. Cross railway, TAKE CARE.
30. Follow path forward, over a bridge.
31. Look for a bridle way sign on the right. Follow this track.
32. Follow track and turn right at footpath sign just past house with a triple garage.
33. Go forward, keep pitch on left, to gate in corner of field.
34. Continue forward.
35. Where paths cross follow path to the right.
36. Cross field to stile beyond trees in the middle of the field.
37. Over stile and turn left, follow track to main road.
38. At road turn right and back to Frosts Garden Centre.