

Subject  
From  
To  
Date



**U3A** newsletter

Dear Derek,

# September



As September begins we begin working towards the implementation of the Development Plan.

Over the coming months you will be invited to participate in U3A day in 2020, give your views and thoughts about learning and learning resources and join us to continue to grow and support the movement.

The conference was a great opportunity to come together and hear the views and ideas of U3As about our collective future and to share ideas.

During October Jane Bailey the new Advice and Volunteer Manager will be joining us, as will Joanne Smith the new TAM editor.

With regards,  
Sam Mauger  
Chief Executive

*In this issue...*

U3A Day  
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The Big Sing

## News From The Trust

*"This was my first conference, I thoroughly enjoyed it, came home buzzing with ideas. Can't wait to get started. I'll be back next year! Huge thanks to all involved"*

*Stephanie Smith, Chair of Leicester U3A.*

### Sharing, Inspiring, Learning.

Thank you so much for an inspirational conference and AGM 2019. Over 400 of our members came together for workshops, talks, pursuit and debate and most of all shared experiences with each other.

Third Age Trust Chair, Ian McCannah said, "It was a pleasure to meet so many of you and I hope you went back to your U3As brimming with enthusiasm for ideas acquired in Nottingham".

Videos from the Conference, AGM and Development Plan are now on our youtube channel - see button below.



See more pictures from the Conference and AGM at  
<https://www.facebook.com/u3auk/>

## Volunteer News



## Support is very appreciated

Many thanks to the team of volunteers who helped to ensure the Conference and AGM 2019 ran so smoothly.

Fifteen Trust volunteers and six volunteers from nearby Arnold U3A were kept busy registering attendees, signposting, supporting the many workshops and plenary sessions and much more.

Volunteering Officer, Eleanor Hazlewood, said "This was my first conference and it was so helpful having volunteers who knew the ropes.

"Thank you for your willingness to get stuck in, we couldn't have done it without you".



Woolaton Hall taken on the afternoon walk, by Interim Advice and Volunteer Manager Alison May

## U3A Day

**U3A  
DAY**

3 June 2020



## Save the Date

U3A is delighted to be holding the very first national [U3A Day](#) – which this year will take place on **June 3rd 2020**.

Regional Trustee, Sue Stokes, a member of the Communications and External Affairs Committee said, "We are so excited that from now on, every year there will be a day dedicated to learning, staying active and having fun in your third age.

U3As across the country are being invited to mark the day by celebrating and showcasing what happens in their U3A.

"A resource pack is being developed with exciting ideas and guidelines and will be available before the end of December but for now, please put Wednesday 3rd June in your 2020 diaries and let's make our first National U3A Day a great success".

If you would like to get involved, please join our U3A Day [Closed Facebook Page](#) where we can start sharing ideas about U3A events.



[Beacon website](#)

[here](#)

## Financial Matters

### Making Deposits at the Bank

Finance Manager Third Age Trust, Kevin Traynor said, "I have heard several stories of banks refusing over the counter deposits where the depositor isn't the account holder and I am grateful to the Treasurer at Ilkley & District U3A who recently issued the following note to his colleagues:

"I met with the TSB Bank Manager in Ilkley yesterday who told me that the banking guidelines had changed recently for all banks to limit the people who could pay cash into the bank to those named in the mandate. This is an anti-money laundering initiative.

"However, the Bank Manager understood the impact that this change in policy would have on our local U3A and so has agreed, exercising his discretion, to continue with the current system of allowing our group representatives to make cash

payments into our account.

"We wondered if any other U3As had experienced something similar? Contact me [kevin.traynor@u3a.org.uk](mailto:kevin.traynor@u3a.org.uk)



*How do you prepare accounts information? Do any U3As use a recognised accounts package e.g. Xero, Zoho, Quickbooks or do you use Excel or Beacon or something else? We'd love you to share that with us? [kevin.traynor@u3a.org.uk](mailto:kevin.traynor@u3a.org.uk)*

## U3A News



### Celebrating U3A Exhibition

Croydon U3A has a month-long exhibition in Click Clock Gallery, in the busy café adjacent to Croydon Central Library.

Chair Jenny Wilson said, "The cafe is a hub for library users, regular groups who meet there and shoppers, so an ideal location. The photographic exhibition provides a visual window into Who We Are and What We Do. It amply illustrates our strap line: Learn, Laugh, Live".



The inaugural meeting of the West Pennine Villages U3A – the 100th in the North-West was held near Chorley, Lancashire.

## News from the Board





## Barbara Lewis

*It is with much sadness that the Trust has been advised by Stewart, Barbara's husband, that she passed away after a yearlong fight with cancer.*

*Barbara was a much loved and respected Chairman of the Trust between 2012 and 2015. She will be remembered for her passion for making the wider world aware of the benefits of U3A membership.*

*A full appreciation of her high profile contribution to the U3A will appear in the November issue of TAM. Meanwhile, on behalf of the U3A membership, the Trust sends its condolences to both Barbara and Stewart's family and friends.*

## International News



**Korean Arts and Culture Education Service (KACES)**

## International Committee

### Venetians chat with Cestrians

Chester U3A's Italian Language group met with students from the University of Free time in Venice who were on a language course held at the Conlan School in Chester. Jenny Carley, International Committee said, "It was noisy, lots of exchanges of ideas, contact details and discussions about their love of Italy and its language".



### Building Partnerships

# We can all learn so much from the 'old'... including how to survive tragedies

Interviewing extraordinary elderly people for her new podcast, CONSTANCE KNOX realised it was time we examined how we treat the older generation

CONSTANCE KNOX, the author of the book 'The Old', is a writer and broadcaster who has spent her life interviewing extraordinary elderly people. She realised it was time we examined how we treat the older generation.



WISDOM OF / Constance with / Grandmothers / left, and Sam / Peltier and M...

I continued up with thirty K2As, which leads the debate on positive aging by listening to the stories. While she was interviewed, Nancy's two young children, who were in the room and in a... that brevity is the loss of legible, possibly leads to more (video). Why can you give the... that conversation for

### A Life Well Lived

Nearly all the episodes from the podcast A Life Well Lived are now live and available featuring the amazing stories from some of our members.

Listen to the podcast on iTunes, Spotify or through the A Life Well Lived Website, <http://alifewelllivedpodcast.buzzsprout.com>

## Award winning U3A Cricketer

[Read more](#)

*Subject Adviser for Psychology, Jane Bellworthy, attended Grandparents Action Day, held at the Palace of Westminster in September and focused on grandparents estranged from their grandchildren. Jane met with MPS, with Esther Rantzen and was invited to meet the Attorney General, Geoffrey Cox.*

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## Lifelong Learning



Choral Director and Vocal Leader, Stuart Overington leads 130 U3A members in the Big Sing in Manchester.



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## Learning Resources



[Spalding and District U3A](#)

## Introducing a New Subject Advisor

<https://www.u3a.org.uk/resources/subjects>



Royston U3A Golf Group

## Education Events



Sources Online



I worked alongside a group of like minded people in a very supportive environment and came away with a renewed enthusiasm for the subject. I feel much enriched. I can thoroughly recommend summer school to U3A members and encourage any who have misgivings of any kind to put them to one side next summer and sign up for one of the many courses offered, both academic and leisure. I spoke to many people on different courses and all were impressed by the quality of their course and of the excellent evening entertainment.

## U3As in the News



Ruthin & District U3A and Berwyn & District U3A Geology groups joined together to visit Cefn Mawr Quarry, North Wales.

<https://www.denbighshirefreepress.co.uk/news/17812570.quarry-tour-hit-ruthin-group/>

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## Other News

U3A Diaries now [available](#)

U3A

2020

U3A Celebrates





## In Focus



**Ian Searle, Carrick U3A**

On retirement in 1993 I moved from Sussex to Cornwall and joined U3A Carrick. I didn't realise it was going to be a second career. I became Secretary, Membership Secretary, and Newsletter Editor simultaneously. I was fully engaged for 10 years and through U3A I became involved in several other voluntary organisations in Cornwall.

In 2003 I became a Trustee of the Third Age Trust and in 2009 I became Chairman. I travelled widely in all four countries of the UK and even to Hong Kong on one, memorable occasion.

U3A proved stimulating, compassionate and fulfilling. I have made many very firm friendships, all of which have served me in great stead, especially through the traumatic period when I (temporarily) lost my sight completely, just as my wife died of breast cancer. The friendships sustained me.

One of my interests in U3A has always been creative writing. It has recently led me to publish two books, and a third is on the way. It has been an unbelievably rewarding 26 years which have given meaning to my retirement.

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