

## Heart of the Shires – Brockhall ramble

### Walk

Approx. 4 miles

All of walk is on road/farm tracks and a canal footpath.

Starts (& finishes) in car park of the  
Heart of the Shires  
Nr Weedon  
Northampton  
NN7 4LB

### Directions

Destination is:

Heart of the Shires

This is on the A5, just past Weedon, after the new roundabout, on the right.

Post code for sat nav is NN7 4LB

Approx 21 miles, 30 mins

### Stileometer

Reads 0 for this walk.

### Inclineometrics

There is a section of about 1 mile in length where the path rises approx. 100ft, in a series of 3 'ups' & 2 'downs' so full height is not achieved in one go. We only noticed this when we looked back.

Near the end there is an approx 50ft rise in ¼ mile.

### Dining arrangements

Darlingtons Tea Rooms at Heart of the Shires  
[www.heartoftheshires.co.uk](http://www.heartoftheshires.co.uk) but there is no menu.

### Loology

There will be access to the loos.

### Optional quiz

In Brockhall

- 1 Is it expensive to stay here?
- 2 What animal looks after cats & dogs?
- 3 Might the milk be off here?

## Walk directions

Walk down to the entrance/exit of the car park and turn right.

Follow track under railway, over canal & over motorway.

Turn left in farmyard.

Follow farm track up a slight incline.

Turn right when track meets a road.

Follow undulating road/track through village (this is a gated road).

After leaving village turn right at 'weak bridge' sign.

Follow road over motorway.

Just before the bridge over the canal (marked as 'weak bridge') turn right down short track to canal. (Note, it is worth going to canal bridge to view canal).

Turn right along canal path, pass under one bridge then immediately after next bridge turn right up onto track and cross back over canal.

Follow track back to Heart of the Shires.

Note, on the following map the above route starts at 4 then 3, 2, 1 and back to 4.

