

## WALK 2 NETHER HEYFORD AND GRAND UNION CANAL

This is easy walking, first along the Grand Union Canal and then following the River Nene. Best done on a sunny summer's evening when you should be treated to swallows swooping low over the canal and if you're lucky a kingfisher returning to its nest with a fish!

**Distance:** 4¾ miles  
**Time:** 2 hrs  
**OS Map:** Explorer 207  
**Start:** The Foresters Arms or  
 The Olde Sun, Nether Heyford  
**Grid Ref:** 465999E 258549N

Pushchairs/Prams	No
Young Children	Yes
Wheelchairs	No
Dog Walking Bins provided	No
Benches/Seating	Yes
Picnic Areas	No
Traffic Free	No

**1** Follow Furnace Lane out of village until you reach canal bridge where you turn right onto towpath which you follow for 1½ miles.

**2** Go under road bridge and just past weir, leave towpath following footpath over stile and cross meadow, over second stile towards main road.

**3** Just before road turn right and join Nene Way and keep ditch on your left until reaching wooden footbridge which you cross and head for larger footbridge over River Nene. From bridge cross large field heading towards Flore Church which you pass through its churchyard via kissing gates.



**Robin**  
3pts

**4** At T junction, turn right and follow road, through barrier and past playing field into Nether Lane to end where you follow footpath between thatched walls.

**5** Path heads across meadows through series of kissing gates to the renovated Heyford Mill.



**Tufted duck**  
4pts

**6** Cross wooden bridge and continue on path following River Nene across wildflower meadows to footbridge with picturesque views. Continue straight on and follow road back to start.



**Yellow iris**  
4pts

